

October 27-28,  
2017

# The Shabbat Project

KEEPING IT TOGETHER

GAMES AND  
ACTIVITIES

## GAMES AND ACTIVITIES FOR SHABBAT

The following are some ideas to keep busy and happy on a long Shabbat afternoon. These suggestions may be used at home, with friends, or at your Synagogue / Temple by the Youth Director. Some are games, some are discussion topics and some are ice breakers to introduce yourselves to new visitors, or even to get to know people you have never met before!

It would be best to look these games over well before Shabbat to be able to print idea or card templates provided. Also, some games require props to make them more exciting, and board games need to be purchased so your homes and synagogue youth rooms will be well stocked and ready!

1. **Mr. & Mrs.** – This game was originally created for couples but is really fun when played among friends and siblings. Send one person out and see how well you match up answers to personal questions to get to know each other! <http://www.bestpartygames.co.uk/games/mr-and-mrs-quiz>
2. **Apples to Apples** – Connect verbs and adjectives together to create funny ideas and sentences. This game can be printed at home or bought at many toy stores in the area. <http://www.walmart.ca/en/ip/apples-to-apples-part-box-english/6000016944517>
3. **Icebreaker Games** – Get to know the visitors in your shul by playing funny games together. Below are some of the ones we use at Shabbat Project meetings, especially the “Shoe Game”! <http://www.icebreakergames.org/>
4. **Classic Board Games** – There is something very relaxing and calming about playing board games with family or friends. Some games can take a couple of hours to finish, while others can be played in championship style.

Some classic board games include:

- Monopoly
- Trouble
- Life
- Sorry
- Jenga
- Twister
- Candy land

5. **Family Feud Championship** – Play with 4 or more families to battle for the title of the Great Shabbat Project Family! Here is a link to help with questions. Remember to print them off before Shabbat begins.

<http://www.familyfeudfriends.arjdesigns.com/>

6. **“Would you rather?” games**—These games are more of an open ended discussion that ends up turning into a really fun time! e.g., “Would you rather not be able to take a shower for 3 weeks straight

or have to take a shower every hour for a year?” Below is a link to 100 printable questions to have a great time with! <http://themeasuredmom.com/would-you-rather-for-kids/>

7. **Two truths and a lie** – This game is a teen favourite! See who can keep a poker face while you try to convince others of the craziest thing you can come up with! <http://www.wikihow.com/play-two-truths,-one-lie>

8. **Scavenger hunt in the shul** – This one takes a bit of prep work but will be well worth it in the end. Hide clues and small prizes in all areas of the synagogue and accompany them with a small poem or note saying where the next clue will be hiding. A big trophy at the end could be a fun end to a game that can include people of all ages.

9. **Card Games** –Classic card games can keep kids of all ages busy for hours. Here are a few tried and true ones that never go out of style:

- Go fish
- Crazy eights
- Old Maid
- Concentration
- Uno
- Solitaire
- War

Games are a great way to reconnect with your family, get to know each other all over again, or make new friends. Enjoy your Shabbat!