

October 27-28,
2017

The Shabbat Project

KEEPING IT TOGETHER

MORE GREAT IDEAS TO
ENHANCE YOUR SHABBAT

MORE GREAT IDEAS TO ENHANCE YOUR SHABBAT

Here are a few more great ideas to draw people to your shul so they can experience a beautiful Shabbat together with their community

- **Speakers:** Our city is full of amazing people who have great stories to tell. Just look around or ask your friends and colleagues and you'll be sure to find someone who would be more than happy to speak about his or her Shabbat experience. This could take place during a Shabbat meal, in the afternoon, or just before Shabbat ends to spread inspiration that will last throughout the week.
- **Friday night meal:** Host a Friday night meal where families can come together and enjoy Shabbat together with other in their community. You can print up song sheets, plan some games, or just mingle and meet new people from your area.
- **Shabbat meal:** You may want to have a large buffet, a pot luck lunch, or a sit down meal; whatever you decide, getting together on Shabbat is a beautiful way to spend the day. Use this time to meet new neighbours and make new friends! You can sing, learn something new from a book, share an article, or even play a game mid-meal.
- **Seudat Shlishit:** Just before the sun goes down, the 3rd meal is a very serene and calming time to enjoy a meal together. As Shabbat winds down, we often start to feel the sadness that it's almost over. It is a great time to reflect with friends and family, to share stories, and to feel truly unified knowing that Jews all over the world have spent a Shabbat together.
- **Community-wide Kumzitz:** We encourage shuls, community centers and organizations to host their own gathering and Havdalah ceremonies for Motzei Shabbat, the end of Shabbat, in a most beautiful way. It does not have to be elaborate or fancy. It just has to draw in your community to gather together for a special goodbye to a Shabbat they will never forget. You may ask your members to bring their own instruments or you may want to have a quiet story told. Either way, the Havdalah ceremony is the separation from a Shabbat spent together with family and friends, to the beginning of a fresh new week.

However you choose to spend your Shabbat, may it be one of health and happiness that brings you peace of mind and great joy and fulfillment.

With thanks,

The Shabbat Project Toronto Team 2017